



# ASSUMPTION CARES - JANUARY

Compassionate Care for Windsor's West End

"FREE" COMMUNITY BASED PROGRAMS THAT SEEK TO HELP ALL FIND A BETTER QUALITY OF LIFE.

Sun	Mon	Tue	Wed	Thur	Fri	Sat
<p><b>To Register</b></p> <p>Email <a href="mailto:assumptioncares@dol.ca">assumptioncares@dol.ca</a>  <b>"Register Now"</b> on the website,  or call <b>226-260-1768</b></p>		<p><b>Keep in Touch</b></p> <p><b>Website:</b> <a href="http://assumptionparish.ca/assumptioncares">assumptionparish.ca/assumptioncares</a>  <b>Facebook:</b> Assumption Cares  <b>Email:</b> <a href="mailto:assumptioncares@dol.ca">assumptioncares@dol.ca</a>  <b>Call/Text:</b> 226-260-1768</p>		<p><b>9am-3pm - Cuddles</b>  Clothing - order pick-up  only.</p>	<p>1  <b>8am-11am</b>  Forgotten Harvest  <b>9am-11am</b>  Feeding Pets  <b>12pm</b> Conversational  English</p>	<p>2  <b>9am-12:30pm</b> -  St. Vincent de Paul  Food/Home Visits</p>
3	<p>4  <b>10am - Online Health  Screeener</b></p>	<p>5  <b>11am - EarlyON Virtual  Storytime (every weekday)</b></p>	<p>6  <b>2pm - Lectio Divina  (Catholic) - ONLINE</b></p>	<p>7  <b>9am-3pm - Cuddles</b>  Clothing - order pick-up  only.</p>	<p>8  <b>8am-11am</b>  Forgotten Harvest  <b>9am-11am</b>  Feeding Pets  <b>12pm</b> Conversational  English</p>	<p>9  <b>9am-12:30pm</b> -  St. Vincent de Paul  Food/Home Visits</p>
10	<p>11  <b>10am - Online Health  Screeener</b></p> <p><b>2pm - Mental Health  Mondays - ONLINE</b></p> <p><b>5pm - Volunteer  Training - ONLINE</b></p>	<p>12  <b>11am - EarlyON Virtual  Storytime (every weekday)</b></p> <p><b>2pm - 2pm - Foodies  Cooking Club - ONLINE</b></p>	<p>13  <b>12pm - W5  Information Session -  ONLINE</b></p> <p><b>2pm - Lectio Divina  (Catholic) - ONLINE</b></p>	<p>14  <b>9am-3pm - Cuddles</b>  Clothing - order pick-up  only.</p> <p><b>7:30-9pm - Nar-Anon</b></p>	<p>15  <b>8am-11am</b>  Forgotten Harvest  <b>9am-11am</b>  Feeding Pets  <b>12pm</b> Conversational  English</p>	<p>16  <b>9am-12:30pm</b> -  St. Vincent de Paul  Food/Home Visits</p>
17	<p>18  <b>10am - Online Health  Screeener</b></p> <p><b>2pm - Mental Health  Mondays - ONLINE</b></p> <p><b>6:30-8pm - Catholic  Life Meeting</b></p>	<p>19  <b>11am - EarlyON Virtual  Storytime (every weekday)</b></p>	<p>20  <b>2pm - Lectio Divina  (Catholic) - ONLINE</b></p>	<p>21  <b>9am-3pm - Cuddles</b>  Clothing - order pick-up  only.</p> <p><b>7:30-9pm - Nar-Anon</b></p>	<p>22  <b>8am-11am</b>  Forgotten Harvest  <b>9am-11am</b>  Feeding Pets  <b>12pm</b> Conversational  English</p>	<p>23  <b>9am-12:30pm</b> -  St. Vincent de Paul  Food/Home Visits</p>
24 / 31	<p>25  <b>10am - Online Health  Screeener</b></p> <p><b>2pm - Mental Health  Mondays - ONLINE</b></p>	<p>26  <b>11am - EarlyON Virtual  Storytime (every weekday)</b></p> <p><b>7pm-8pm</b>  Living With Grief</p>	<p>27  <b>9:30 - Walk &amp; Talk</b>  <b>11am - Exercise for  Chronic Pain</b></p> <p><b>7:30pm - Steps to  Recovery (CoDA)</b></p>	<p>28  <b>10:30 - Crochet &amp; Knit</b></p> <p><b>7:30-9pm - Nar-Anon</b></p>	<p>29  <b>8am-11am</b>  Forgotten Harvest  <b>9am-11am</b>  Feeding Pets  <b>12pm</b> Conversational  English</p>	<p>30  <b>9am-12:30pm</b> -  St. Vincent de Paul  Food/Home Visits</p>