



Loving Jesus,
as I receive on my forehead the sign of your saving cross
You say to me, repent and believe in the Gospel.
Walking into Lent
my heart is set on you.
May my *fasting* fill me with hunger for you,
May my *prayer* draw me deeper into your presence.
May my *acts of charity* bring your love to my home and community.
Lord of life,
grant that by turning back to you in these 40 days
I will re-awaken the joy of my Easter faith;
for you raise me up from fear and despair
and call me to hope and trust in God who is with me always.
With you, I will rise again. Amen.